

## **Personality Recognition in Response to Stressful Situation in the Six Stories of Majid Qaisari (According to the Scrutiny of Cultural and Artistic Symbols)**

### **Abstract**

Contemporary writers, based on their inner and outer feelings, study significant issues and topics and present their findings in the form of artistic works. Fictional works of their kind can express many personal developments and cultural customs and beliefs; therefore, a vigilant study of literary works, particularly fiction created in various historical periods, can play an important role in the behavior and anthropology of society. Majid Qaisari is one of the contemporary writers in the field of short stories, whose works can be considered as key arguments in the analysis of people's personalities and their behavior. On the other hand, it has an influence on the deep understanding of the dominant culture on the individual's living community. The present research is composed via a descriptive and analytical method and relies on the data of library resources. In this paper, Majid Qaisari's literary works are studied based on the personality of his characters and their emotional reactions in six short stories (Wandering Calf, Green Oud, Agent, False Fraction, Crystal, Elamite Travelogue). Findings show that the characters of Majid Qaisari's short story, in the face of natural and peculiar occurring events, attempt to cope with stressful situations in an exciting way. These strategies work by endeavoring to eliminate or reduce the source of stress or distracting the person from the demanding situation. The components that the characters of the story face have a mythical aspect and a cultural background and demonstrate that people are looking for a safe haven to escape from fear and stress and seek to find sanctuary in its shadow; Hence, they turn to myths that early humans represented and believed they are are powerful symbols associated with the spiritual realms.

### **Research aims:**

١. A study of characters of Majid Qaisari short stories based on personality theory and emotional reactions;
٢. A study of cultural and artistic symbols in Majid Qaisari's short stories.

### **Research questions:**

١. What are the components of personality dimensions and stressors in Majid Qaisari's short stories?

۲. What are the cultural and artistic symbols reflected in Majid Qaisari's short stories?

**Keywords:** personality, stressful situations, short stories, Majid Qaisari

## **Introduction**

The disciplines of art with its numerous works and artists have always been a fascinating and thought-provoking subject for researchers. One of these interesting topics in artistic creation is fiction. It can be argued that among the various fields of art, this spectacle has given researchers a wider scope for research and study. The reason for this claim is that in the works of fiction, the artist uses a range of words to create a story composed of human beings, interactions, failures, situations, adaptations, friendships, and so on. The author creates the work with a mixture of his experiences and worldview that is based on his inner and outer feelings and fundamentally, these sources distinguish its effect. Throughout history, human beings have continuously tried to manage their living environment and surroundings in such a way as to ensure their mental and physical health. The result of this effort has been a phenomenon known as adaptation. Adaptation, as a set of cognitive and behavioral endeavors, leads to the elimination of stress, the cessation of the tension processes, and patience in the face of trauma. Depending on the circumstances, man spends a lot of time and money and relies on trial and error. Only some sources of stress and events can be eliminated or stopped, and it is necessary to be patient in the face of many changes to his physical and mental health. Meanwhile, cultural and artistic patterns and symbols in any society can greatly turn out to be a stabilizing factor in individual and social relations.

One of the most reliable sources for studying this concept and the process of change is in the content of story books. The situation of the Iranian nation in terms of historical antiquity and the strange range of events and its changes from the perspective of confrontation is an interesting topic to study. Based on this, the subject of personality based on reaction to stressors (mental pressures) in six short stories by Majid Qaisari entitled (Wandering calf, green oud incense, agent, false fraction, crystal, Elamite travel) was selected as a research topic. The characters of Caesar's stories use managing techniques to deal with the nerve-racking difficulties around them. The world of Majid Qaisari's stories is a combination of passion and honesty. The reasons for choosing this author's works are the following: ۱. Lack of study of this concept in contemporary stories; ۲. Psychology of the text and the author's different views on the social and psychological states of

the individual; ۳. The possibility of studying the author's attitudes and psychological changes from his works.

Accordingly, this study attempts to examine coping styles with stress in six short stories. Given the need to address the issue of coping in the target community, this research is a scientific study of this structure from a new perspective. Majid Qaisari's collection of short stories in terms of a new look in the author's different font, a different narrative, not just life; it is the living of the people around us; Therefore, the researcher intends to understand the coping styles and strategies as well as its fluctuations in fictional characters. Researchers believe that careful study of this concept reveals the path of adaptation and its different consequences in different nations. Regarding the research background, it should be said that no research has been done in this regard in the country so far. In this study, according to the personality of six short stories of Majid Qaisari, their reactions to stressful situations are investigated and in accordance with the main question and the coping strategies within each of them are discussed.

## **Conclusion**

Theoretical and research principles show that the main result of coping styles or coping is to increase adaptation and maintain mental health. Mental health has three main components: positive or pleasant emotion, negative or unpleasant emotion, and life satisfaction. Accordingly, damage to mental health can be attributed to the lack of positive emotions in life, the frequency of negative emotions in life or undesirable emotions with situations and living conditions. The findings show that the characters of Majid Qaisari's short story, in the face of natural and abnormal events around them, try to cope with stressful situations with the help of an exciting way. Fictional characters have come up with important ways to endure and live. To give meaning to life and to spread positive emotion and a sense of satisfaction, one must move, stop means the growth of negative emotion and dissatisfaction, and this means the death of life. The characters of the story have been able to alleviate the stressful conditions of their environment by using symbols and myths, recognizing the positive messages of life and sacrificing and dealing with art, which are all the most important strategies for giving meaning to life. Protecting them can complement their adaptive efforts. In Caesar's stories, most of the characters' relationship with mythology is shown, and it is clear that individuals have come into contact with their cultural background and mythology in order to overcome their fears. It is as if this provision is a support for them to solve

their problems, feel more empowered, or by connecting to a powerful source, insure themselves, and avoid fear.

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